



### athletes of the month

By BCC Life Senior Resident Reporter Allison Parker

# FALL FLAG FOOTBALL

## AT BALLANTYNE ELEMENTARY SCHOOL

### Catching up with COACH VINCENT FERRERI



To recommend a young athlete to be featured in BCC Life, please submit to Delia at [clteditor@n2pub.com](mailto:clteditor@n2pub.com). Body Text

It was a fabulous season of flag football for the kids at Ballantyne Elementary School (BES). Under the direction of Coach Vincent Ferreri, the program is through Go 4 It Athletics. Practices are held twice a week after school and the season finale is a daylong flag football tournament at Indian Trail Elementary. BES had the opportunity to play against other local elementary schools such as St. Matthews and others. Grades third through fifth can participate in the program.

Coach Ferreri shares, “I have been coaching flag football for Go 4 It Athletics for four years now. It’s a flag football program I was asked to be a part of here at BES. It’s a fun football program with core values integrated into the practice sessions and then a fun day of competition at the full-day tournament. I love being a part of pure competition in an elementary school. The kids get a chance to earn trophies and medals, learn how to win, learn how to lose, and learn to be a part of a team!”

The flag football program has two seasons a school year – one in the fall and one in the spring. It averages about 30 kids per season, with usually three teams for the tournament. The tournament has two divisions, separated based on age and some skill level as well.

The end-of-season tournament was a fight to the finish with heavy competition. As Coach sums it up, “We had a rough go at it this tournament, but one of our division I teams took home third-place medals, which was awesome!”

Thank you, Coach Ferreri, for being a dedicated instructor and leading the kids not only in flag football skills but also in life skills, such as good sportsmanship and teamwork!

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